SOAP: Structured Outpatient Addictions Program

The Health’s Center’s SOAP program uses evidence-based treatment to provide structured, intensive substance use disorder services in order to establish wellness. The program includes:

- Substance Use and Mental Health Education
- Early Recovery Skills and Strategies
  - Relapse Prevention Plan
  - Community Resources
- Professional and Peer Support
- Individual and Group Counseling
- Self-Care, Yoga, Nutrition and more!

The program takes places in our Mashpee office on these days:

* Monday and Friday: 8:30 a.m.—1:00 p.m.*
* Tuesday, Wednesday and Thursday: 12:30—4:00 p.m.*

For more information, or referrals, contact Andreia at (508) 477-7090 x-1191, addref@chcofcapecod.org. Thank you!

This program is open to anyone 18+, regardless of if they are a CHC patient.